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DREAM JOURNAL



DAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																								
MONTH	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER																			
DATE	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31

- NIGHTMARE
- OTHER WORLD
- HISTORICAL
- PROPHECIC
- LUCID
- RECURRING
- HEALING

SETTING

PEOPLE

SYMBOLS

WHAT HAPPENED

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WHAT IS HAPPENING IN THE WAKING WORLD?

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INTERPRETATION

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